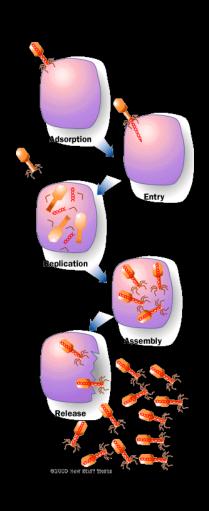
# HIV Infection and Epidemiology: Can There Be a Cure?

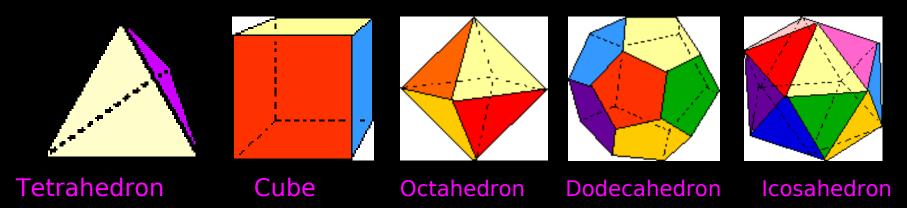
Dr. Nedwidek

### The Viral Life Cycle



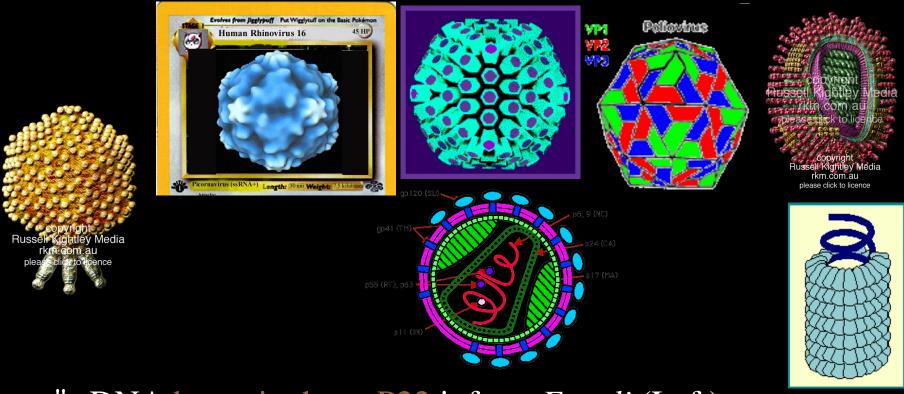
- " A typical virus (DNA or RNA + protein) enters the host cell, makes more of itself, and exits.
- There are two major types of viruses: bacteriophage (left) infect prokaryotes, and other virions infect eukaryotes (animal or plant cells).

#### The Platonic Solids and Viruses



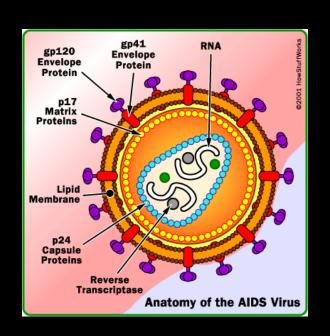
- Plato said that each of these 5 solids represented an element on earth: Tetrahedron for Fire, Cube for Earth, Octahedron for Air, Dodecahedron for the Cosmos, Icosahedron for Water.
- " Most viruses are icosahedral because it is the most efficient crystalline arrangement for a small unit that contains enough genetic material to reproduce. It is also easily transported in water-based fluids.

### DNA & RNA: Examples of Viruses



- " DNA bacteriophage P22 infects E. coli (Left);
- " RNA virions that infect animals and plants (Right): in humans: cold virus, herpes virus, polio virus, influenza virus, HIV; in plants (Far rt.): Tobacco Mosaic Rod Virus. These are called retroviruses.

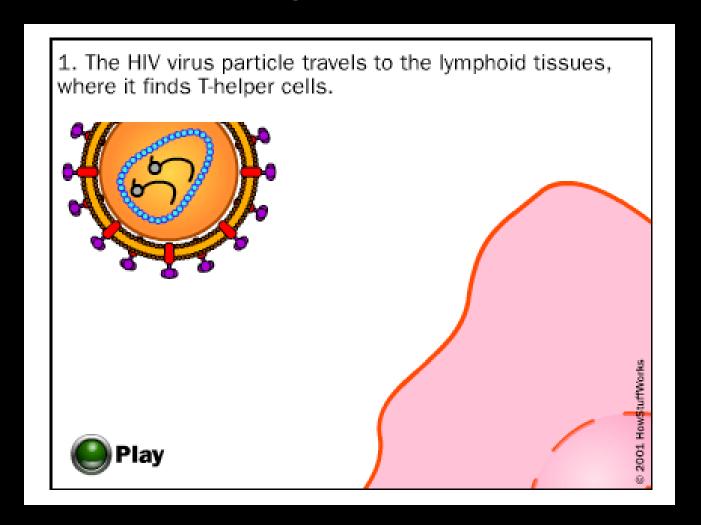
# Human Immunodeficiency Virus (HIV): The Cause of AIDS



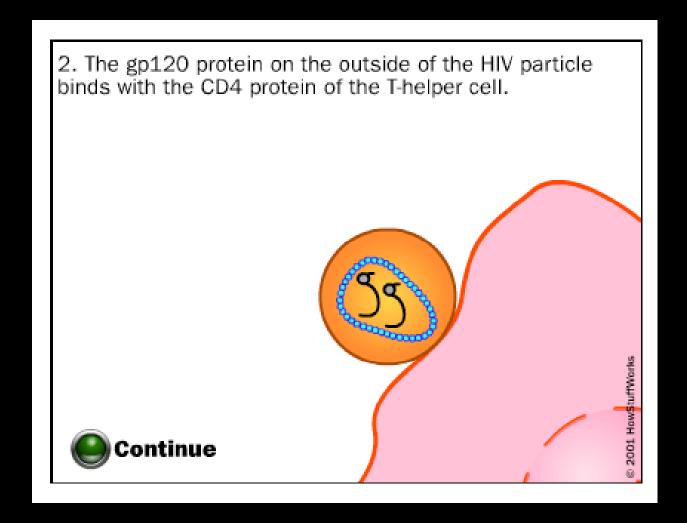


The structure of HIV is at left, and we see it infecting a human cell at right; it will ultimately cause Acquired Immune Deficiency Syndrome (AIDS).

# Step 1: HIV targets T-cells to infect.



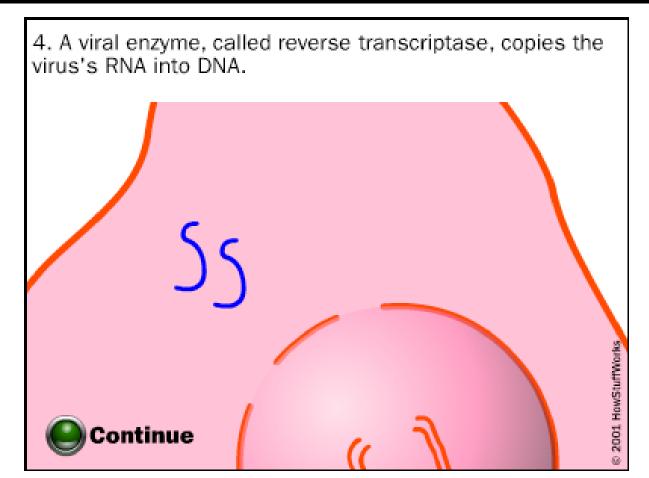
## Step 2: HIVgp120 binds T-cell CD4.



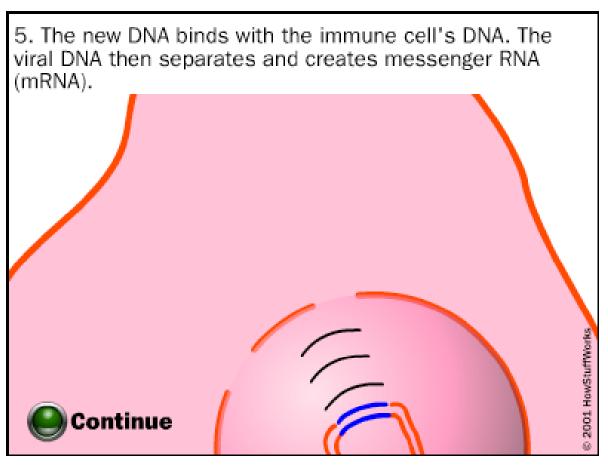
# Step 3: HIV inserts RNA(black).

The viral core containing the virus's RNA enters the T-helper cell and the HIV particle's membrane fuses with the T-cell membrane. Continue

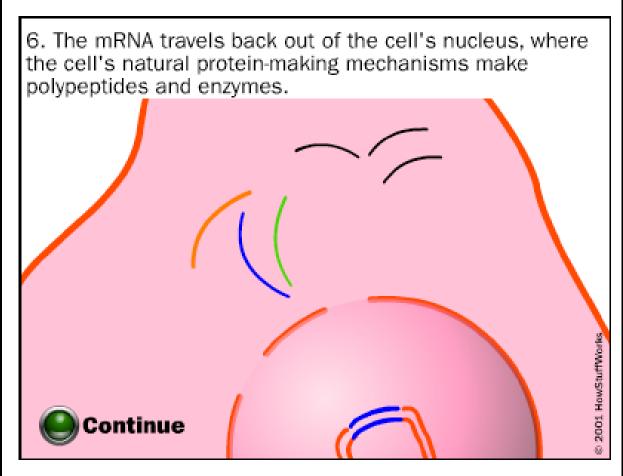
# Step 4: Reverse Transcriptase copies RNA to DNA (blue).



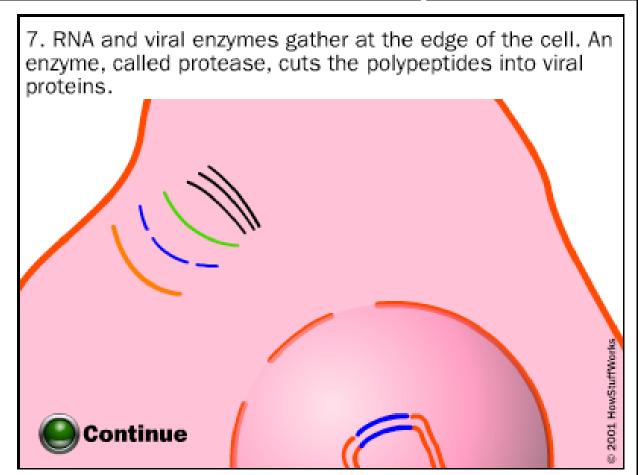
# Step 5: DNA enters nucleus; makes mRNA to encode HIV.



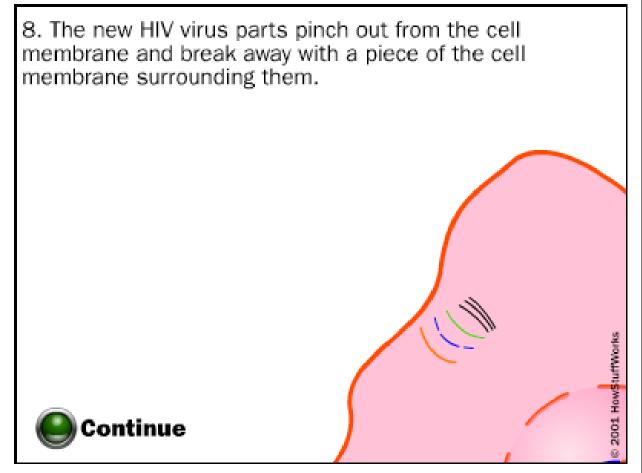
# Step 6: mRNA enters cytoplasm to make polypeptides (colors).



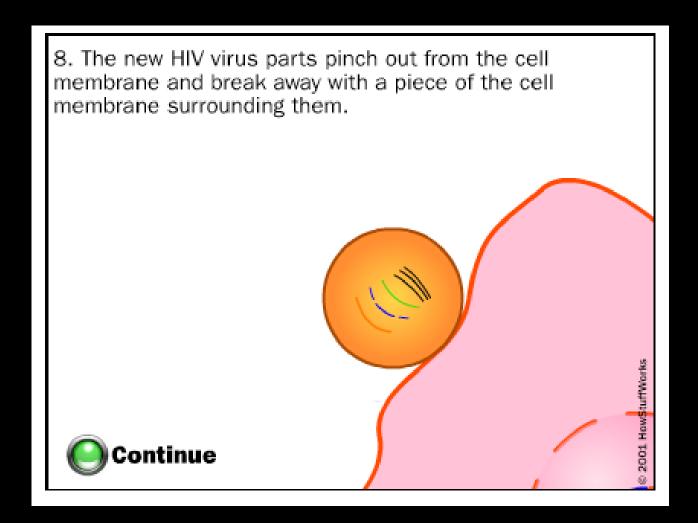
# Step 7: HIV protease (green) cuts and creates viral proteins.



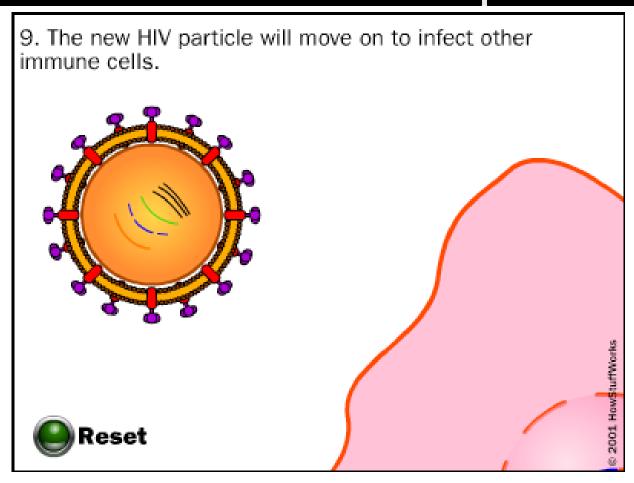
# Step 8: HIV prepares to pinch out and break away from cell.



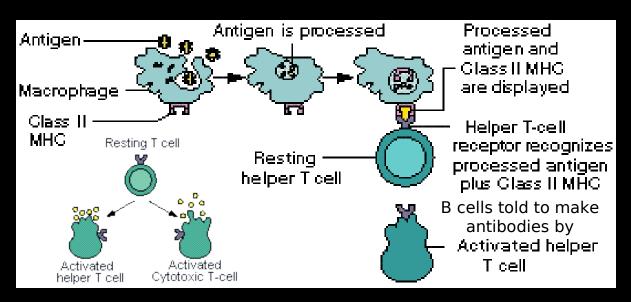
# Step 9: HIV pinches out of cell.

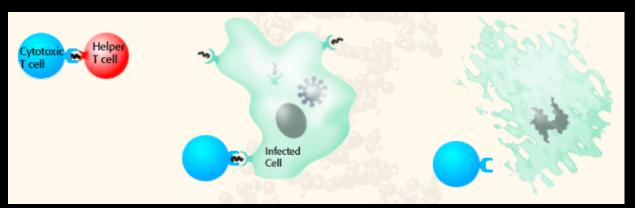


# Step 10: Mature HIV emerges and infects other T-helper cells.



# HIV and T-cells: Immunity Explained





Cytotoxic T Lymphocytes (CTL s) destroy invading microbes.

- Once the HIV virus enters the body, it heads for the lymphoid tissues, where it finds T-helper cells via binding CD4 and kills them: HIV is the only known human retrovirus that targets immune cells specifically. If helper T's die then killer T's cannot be made and do their job (see left).
- The newly replicated virions will infect other T-helper cells and cause the person's T-cell count to slowly dwindle by removing both the helper T cells and ultimately the CTL's that talk to them. The lack of T-helper cells compromises human immunity by preventing the removal of other harmful antigens with antibodies made by B cells (see left).
- No one dies from AIDS or HIV specifically. Instead, an AIDSinfected person dies from secondary infections, because his or her immune system has been dissipated. The loss of Tcells is the key to the loss of immunity.

#### Recent Trends in HIV/AIDS Infection

#### Epidemiology of HIV/AIDS in the United States

HIV InSite Knowledge Base Chapter Published March 2003

Dennis H. Osmond, PhD, University of California San Francisco http://hivinsite.ucsf.edu/InSite?page=kb-01-03

#### Table 2. Distributions of U.S. AIDS Cases\* by Transmission Exposure Group over Time

	Percent in Exposure Group		
Transmission Exposure Group	1983	1992	2001
MSM	71%	52%	40%
IDU	17%	25%	26%
MSM IDU	NA	5%	4%
Heterosexual contact#	5%	9%	28%
Blood/blood product recipient	2%	1%	0%
No risk identified/other	6%	6%	2%

#### Key

IDU: Injecting drug user

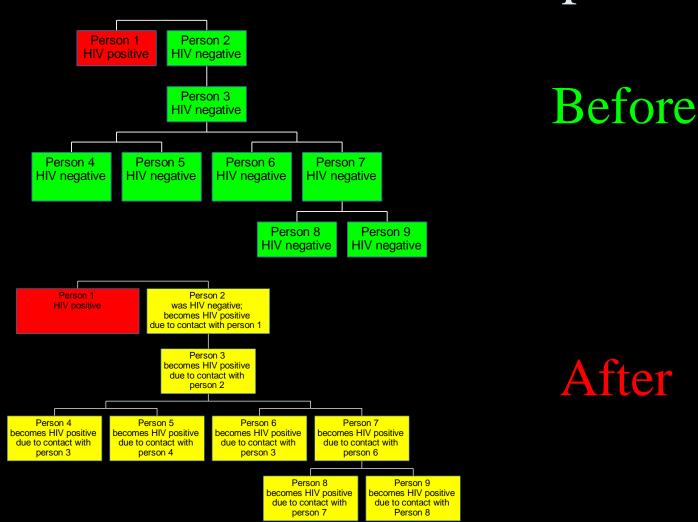
MSM: Men who have sex with men

NA: Not available

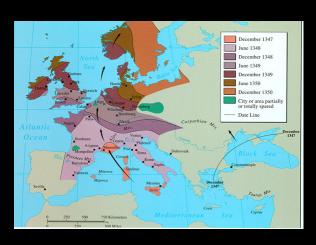
- Adult incident cases in 2001 adjusted for reporting delays and redistribution of cases initially reported with no risk identified (31% of reports in 2001).
- # Includes "Born out of United States," formerly a separate group in 1983 (4%).

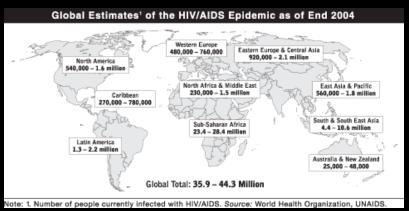
- Heterosexual incidences of AIDS have *INCREASED* in the last 20 years, while other modes of transmission have leveled or decreased.
- " Creates an epidemic.
- " Why?
- " Lack of Public Awareness.

# HIV Transmission by Heterosexual Contact: a Geometric Expansion



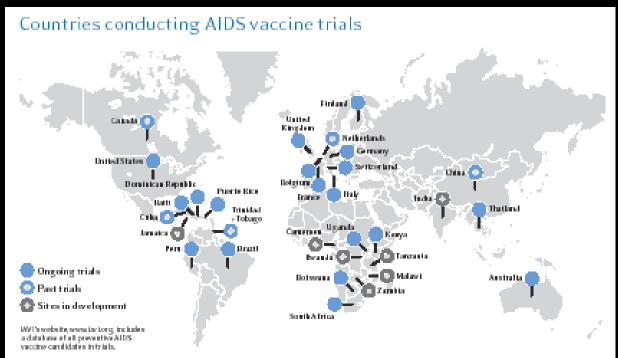
# Evolutionary Adaptations Evade an Epidemic: Descendants of Plague Survivors Resist HIV





- " CCR5 co-receptor enables certain microbes to invade immune cells by binding CD4 on helper T surface.
- " Yersinia pestis bacterium causes Bubonic plague (Plague **Epidemic** of 1300: at left) by targeting T immune cells via CCR5.
- " People missing CCR5 are resistant to plague and to HIV.
- We can treat plague today with antibiotics, but HIV is still untreatable (Current Worldwide HIV **Epidemic**: at left) because it evades the immune system and replicates rapidly under cover of the host cell.

#### Can There Be a Vaccine?



- " Largest obstacles are financial and biological.
- " Rapid mutation rates/different strains are a huge problem.
- " Mechanism of HIV infection, which targets and depletes the immune system directly, is a huge hurdle.
- " International AIDS Vaccine Initiative (IAVI) started trials in India on vaccine tgAAC09: targets reverse transcriptase and HIV gag & pro proteins in the most prevalent HIV subtype C.

#### Conclusions

- " HIV belongs to a family of retroviruses that target human immune cells.
- " HIV is unique in that it kills by weakening the immune system so secondary infection occurs.
- " Heterosexual contact is a growing mode of HIV/AIDS spread creating epidemics in society.
- " Descendants of plague survivors (evolved to evade the 1300 epidemic) have immunity to HIV, which has a similar mechanism of infection to the plague.
- "There is no simple HIV vaccine due to this virus being under cover of the human host cells and depleting the immune system.

## Acknowledgements

#### **IMAGES and Content Courtesy of:**

- " http://science.howstuffworks.com/virus-human.htm/printable
- " http://www.enchantedlearning.com/math/geometry/solids/
- " http://www.tulane.edu/~dmsander/WWW/335/335Structure.html
- " http://www.rkm.com.au/VIRUS/BACTERIOPHAGE/phage-p22-virion.html
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- " http://www.iavi.org/viewpage.cfm?aid=100