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# MARFAN SYNDROME

## Physiology

- 1 in 10,000 to 1 in 20,000 incidence
- Multi-system disorder, targets connective tissue
- Features worsen with age, not much shown at birth
- Autosomal Dominant
- Affected individuals have a multitude of disorders:
  - Skeletal abnormalities: Disproportionate tall stature, pectus deformities, scoiliossi, joint laxity, arachnodactyly
  - Ocular abnormalities: displacing of lens, flat corneas, increased globe length, and hypoplastic irides
    Cardiovascular abnormalities: Mitral valve prolapse, aortic regurgitation,
  - III. Cardiovascular abnormalities: Mitral valve prolapse, aortic regurgitation, aortic dilation, aortic dissection
  - IV. Skin abnormalities: striae atrophicae and recurrent herniae
  - V. Dural abnormalities: lumbosacral ectasia

<sup>\*</sup>Possibility that Abraham Lincoln & Pharaoh Akhenaten was affected

#### Molecular Cause

- Mutation in the FBN1 gene on chromosome 15 (15q21.1)
- More than 1.000 FBN1 gene mutations cause Marfan Syndrome identified up-to-date
- There are mutations in FBN1 that don't cause Marfan
- Fibrillin-1 produced by FBN1 gene
- Molecular pathway:
  - Less microfibrils are formed > weak elastic fibers
  - Weak elastic fibers → Excess TGF-b proteins
  - Excess TGF-b proteins elasticity in tissues decreased
  - Elasticity decreased -> Overgrowth + Instability
  - Overgrowth + Instability -> Marfan Syndrome
  - Overproduction of TGF-b proteins can cause cancer

## Treatments/Risks and Limits

- Very difficult to diagnose
  - Mutations vary
  - Features develop with age
- No reliable prenatal test
- Diagnosis made through examination of patients eyes, heart, and bone structure
- Surguries
  - Replacement of eye lens
  - Surgery for scoliosis
  - Chest-wall reconstruction
  - Replacement of aorta
- Management
  - Yearly MRI's
  - Yearly assessments
  - Physical therapy
  - Orthotic
  - Restriction of participation in strenuous activities
  - Beta-adrenergic blockers

# Proposed Cure & Limits

- Stem cells
  - Used to increase the amount of micro fibrils
  - Research still being done
- Losarton
  - Angiotensin receptor blocker
    - Causes peripheral blood vessels to narrow
    - Stimulates production of aldosterone which causes salt and water to be retained by kidneys
    - Stimulates TGF-b proteins as well
  - Life-long usage required
  - Cannot be taken during pregnancy
- Collagen
  - Increase production
  - Strengthens elastic fibers

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